

South Okanagan Similkameen Teachers' Union

2024-25 Pro-D Funding Breakdown

- \$225 from your employer each year; (*177 contract teaches)
- \$62.50 from you each year; (*177 contract teaches)
- dispersal account, depends on those who retired or left SD#53 and did not spend their acct, last year, amount leftover was \$15,000;
- transfer of unused remedy money from last school year, as decided by the union, approx. amount of \$36,000 transferred into dispersal

Each contract teacher regardless of FTE, will receive \$569 dollars; on Oct 15th teacher headcount was 177 teachers. (exact same as last year)

Heather L, SOSTU Treasurer, will update the school accounts next week.

**** It should be noted that dispersal and unused remedy fluctuate; our projection for next year, is a 50% reduction of unused remedy due to the implementation of the Jackson award, decreasing Cat. G (Autism) numbers for remedy purposes. ****

<u>Past Year Pro-D</u>	2022 \$492
<u>Allotments</u>	2023 \$512
	2024 \$559



Are you interested in joining the SOSTU Social Justice Committee? Send an email to Adam Kern at adamjoelkern@gmail.com We are hoping for at least one rep from each school, and would like to explore options to focus our efforts this year.

Attention Teachers!

Still Union Remedy Days Left

I am booking remedy days into the 2nd week of November. You must talk to your staff rep to access one of these days; these union remedy days may be used for planning purposes, adaptations or modifications of your lessons.

**These days are available for brick and motor contract teachers as they generate remedy time. **



Did You Know?

Since the restoration of our class size language, SD#53 has not had any class size violations that were included in remedy. Each year, the district is allowed to have 7 classes above class size limits. In the last 8 years, this overage allowance has been used only 3 times.

Composition complexity is the main concern of teachers here.

Well Teacher Workshops – Winter & Spring 2025

Developed and paid for by the BCTF / 6 online sessions led by a facilitator / over 4-6 weeks

General Wellness

- Using the Wellness Wheel and Wellness Map to gain an understanding of your personal wellness and how to lead a more balanced life and set boundaries.

Physical Health

- Developing an understanding of three key physical health challenges faced by teachers: pain, fatigue, and ergonomics.

Mental Health

- Participants will review key mental health concepts, key stressors that impact teachers, and strategies to help manage these stressors.
- Understand how to use tools such as Burnout Inventory and Thought Tracker to manage mental health.

Email sostu@telus.net for details or search BCTF website